

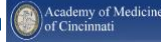
Cincinnati Coalition for Physician Wellness

Thursday, March 25, 2021

7:30am – 8:30 am

Virtual ZOOM Meeting
"MINUTES"

Community Partners in Attendance



	Topic	Leader	Time	Discussion SUMMARY
1	Welcome	Dr. Anne Like	7:30-7:40	<ul style="list-style-type: none"> - Helpful practices to self-compassion: (1) try generating genuine compassion for ourselves and for others who make life harder; (2) rein in our inner critic and build a bridge to kindness and caring; (3) ask for help (mindful.org). - Attaching our CCPW one page summary – who we are and what we do/have done – for your review and information.
2	Guest Speaker	Chad Connor, MD LtCol, Medical Corps, USAF Pediatric Cardiologist & Electrophysiologist Wright-Patterson AFB, OH Staff Physician, CCHMC	7:40 – 8:00	<p>“So I am an Alcoholic Doctor..... Now What?” We are deeply grateful to Chad for sharing his story of diagnosis and recovery with us. After a family history of alcoholism, Chad learned that his hope to skip this genetic history was not in the cards for him. His story reflected the long time challenges to “coming to realization” about his addiction, the support of family and others to help him find recovery solutions, the benefit and challenge of the chosen recovery strategies, and the ongoing day to day practices to maintain sobriety. Professionally, he discussed the key aspects of responsibility that accompany being an alcoholic physician and his key learnings that can benefit others. A key challenge is getting physicians to “raise their hands earlier” and ask for help. Feedback and comments included the fact that a number of health systems still maintain a “zero tolerance” policy which was not Chad’s experience. His employer was an active partner in his recovery. More standardized approaches could encourage the “raising of the hand” earlier.</p>
3	Facing Challenges from Pandemic Impact	Dr. Jeff Schuler Dr. Herb Schumm	8:00-8:15	<p>Getting through the pandemic with limited resources: Jeff shared four areas of focus for Tri-Health: (1) Efficiency – improving physician support through IT, EPIC, and other technology tools and systems. (2) Viewing the “DO NO HARM” film as a learning resource with shared discussion. (3) Using the opportunity to serve as a resource in COVID testing and vaccinations as a vehicle for contact and “checking in” with physicians on their well being. (4) Crisis Debriefing Program Training where volunteers are being trained and available on units (the “Second Victim Phenomenon”). Herb shared the BSMH focus on the reality of limited resources and identifying 10 psychiatrists and psychologists</p>

Cincinnati Coalition for Physician Wellness

				internally who are donating time to serve their own physicians, with over 100 physicians participating so far. In addition, Herb discussed the need to continue and maximize virtual communications and connections and the importance of delivering training on compassion and the “language of caring” across roles and divisions of the organization. The COO’s of the medical groups are leading this effort for physicians.
4	LCOH Update	Dr. Paul Keck Dr. Paul Samuels	8:15-8:25	<ul style="list-style-type: none"> - A slide deck of progress was provided to the meeting members for the this meeting. Invoices for the LCOH agreement will be coming out mid-summer. Dr. Keck will be speaking for the Academy on April 22 from 7-8 on a zoom meeting and will note this project. See Academy website to register.
5	National Coalition for Physician Wellbeing	Dan Geeding Dr. Herb Schumm	8:25-8:30	<ul style="list-style-type: none"> - Grant Opportunities & Research Projects are in development - Update-National Coalition of Physician Wellbeing National Coalition of Physician Well-Being Conf. July 28-30, 2021 will now be virtual. More news coming. - Next Meeting: TBD June or July

Cincinnati Coalition for Physician Wellness

Meaningful Notes 03.25.2021 Multi-System Meeting